

## **Student Services**

### **Hendrix Health Center**

Hendrix Clinic and Counseling Center offers convenient mental and physical health care right on campus. Our staff includes a full-time physician and nurse practitioner and is available to treat common illnesses and minor injuries, give allergy shots and immunizations, perform annual exams and physicals, lab services, STD/STI testing, pap smears, counseling, and provide referrals to other local providers.

\*\* Please use the south door entrance.

# **Student Counseling Services - Hendrix Clinic Hours**

Monday - Friday 8:00am - 4:30pm (when classes are in session)
Bills can be paid at the Business Office in Owens Halls if our office is closed.

### **Hendrix Pharmacy Hours**

Monday - Friday 10:00am - 3:00pm.

**Note:** Both the clinic and pharmacy are closed when campus is closed.

- Most insurance is accepted (insurance card is required). Pharmacy services are also available to students with co-pays accepted.
- VISA, MasterCard, and Discover accepted

# **Career Development Center**

The MSUM Career Development Center supports students in discovering their passions by providing programs, education, services and support throughout their journey from exploring student to prepared professional.

#### Office Hours

Monday-Friday | 8 a.m. to 4:30 p.m. Make an appointment by calling 218.477.2131

#### Walk-In Resume Review Hours

Monday-Friday | 11 a.m-3 p.m.

### Services include:

- Career exploration, assessment and planning
- Workshops
- Fairs and events
- Online resources and videos
- o Resource Center

- Internship assistance
- Job search support
- Individual appointments
- Graduate School application assistance

No matter where you are on your path, we can help you reach your professional goals.

# **Community Outreach Center**

Provides **free and confidential counseling services** for MSUM students, adults, couples, and families on campus and in the Fargo-Moorhead communities. Counselors-in-training listen carefully to your concerns and help you develop strategies to reach your goals. Counseling services are provided by master's-level counselors-in-training who are supervised by faculty who are Licensed Professional Counselors and National Certified Counselors.

#### **General Information**

Location: Lommen Hall 113, MSUM Campus,

1104 7<sup>th</sup> Ave. South Moorhead, MN

Hours: 3:00 to 8:00 p.m. – Monday through Thursday

During the regular fall, spring, & Summer Terms

(Closed when campus is closed due to Holidays, or breaks)

Cost: Free

Appointments: By appointment only: call: 218.477.2513

e-mail: counseling@mnstate.edu

### Counseling Services include:

> Relationship and Couples issues

- Career Counseling
- ➤ Grief
- > Anxiety
- Depression
- ➤ Adjustment Issues
- ➤ Homesickness and Family issues
- Personal Growth
- > Self-Improvement

Clients will be referred to other mental health or medical services providers if necessary.

# **Counseling Services Guidelines**

- MSUM does not discriminate on the basis of race, sex, color, creed, religion, age, national origin, disability, marital status, status with regard to public assistance, or sexual orientation.
- All counseling sessions are confidential. However, counselors are mandated by law to report a client who presents a danger to himself/herself or to another, or situations indicating physical or sexual abuse of a minor or the elderly.
- Sessions are video recorded and observed for supervisory purposes. Clients remain anonymous to ensure confidentiality and privacy.
- Services are provided to those who are uninsured, underinsured, or have no mental health insurance coverage.
- Counselors-in-training meet with clients during the semester for 50 minutes each week.